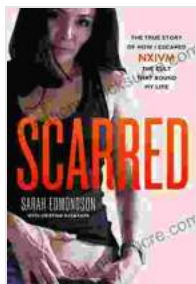


The True Story of How I Escaped Nxivm, the Cult That Bound My Life



Scarred: The True Story of How I Escaped NXIVM, the Cult That Bound My Life by Sarah Edmondson

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1887 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 253 pages
Lending	: Enabled



In 2017, I escaped from Nxivm, a cult that had controlled my life for over a decade. It was a harrowing experience, but I am grateful that I was able to get out and rebuild my life.

Nxivm was founded in 1998 by Keith Raniere and Nancy Salzman. The group claimed to offer self-help and personal development courses, but in reality it was a cult that used psychological manipulation and coercion to control its members.

I first joined Nxivm in 2005, when I was looking for a way to improve my life. I was quickly drawn in by the group's charismatic leaders and their promises of personal growth.

However, as I became more involved in Nxivm, I began to realize that something was not right. The group's teachings were increasingly bizarre, and I began to feel pressure to conform to the group's norms.

In 2015, I was branded with Nxivm's symbol, a double-headed eagle. This was a traumatic experience, and it was a turning point for me. I realized that I needed to get out of Nxivm.

Escaping from Nxivm was not easy. The group used a variety of tactics to keep its members in line, including isolation, financial coercion, and threats of violence.

But I was determined to get out. I contacted a lawyer, and with her help, I was able to leave Nxivm and start rebuilding my life.

It has been a long and difficult journey, but I am finally free from Nxivm's control. I am grateful for the support of my family and friends, and I am committed to helping others who have been affected by cults.

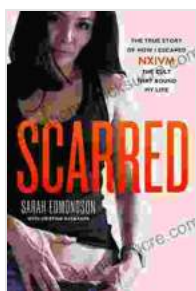
Here are some of the things I learned from my experience in Nxivm:

- Cults can be very seductive. They offer a sense of community and belonging, and they promise to help you reach your full potential.
- Cults use psychological manipulation and coercion to control their members. They may isolate you from your family and friends, pressure you to conform, and threaten you with violence.
- It is possible to escape from a cult, but it is not easy. You will need the support of family and friends, and you may need professional help.

- If you are concerned that someone you know is involved in a cult, there are resources available to help you. You can contact a cult expert, a mental health professional, or a law enforcement agency.

If you are thinking about joining a cult, I urge you to reconsider. Cults are dangerous and they can destroy your life. There are many other ways to find community and support without getting involved in a cult.

I am sharing my story because I want to help others who have been affected by cults. I want people to know that there is hope, and that it is possible to escape from a cult and rebuild your life.

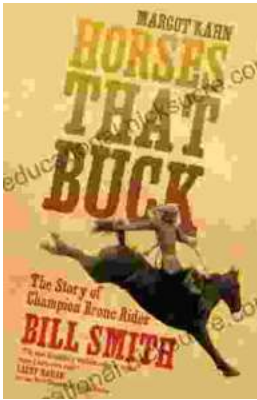


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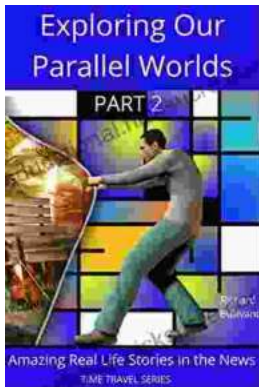
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