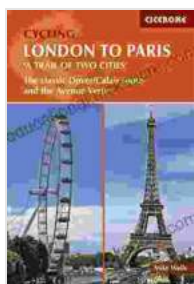


Cycling London to Paris: An Epic Adventure in the Making

Are you ready for the adventure of a lifetime? Cycling from London to Paris is an epic journey that will take you through some of the most beautiful countryside in Europe. You'll cycle past rolling hills, charming villages, and historic landmarks, all while enjoying the freedom of the open road.



Cycling London to Paris: The classic Dover/Calais route and the Avenue Verte (Cicerone Cycling Guides)

by Mike Wells

★★★★☆ 4.2 out of 5

Language : English
File size : 24507 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 382 pages



The journey from London to Paris is approximately 300 miles, and it can be completed in as little as 3 days or as long as you like. The route is well-signposted, and there are plenty of places to stop for food, drink, and accommodation along the way.

Planning Your Trip

The first step in planning your cycling trip from London to Paris is to decide on your route. There are a few different routes to choose from, each with its

own unique scenery and challenges. Once you've chosen your route, you can start planning your itinerary.

It's important to book your accommodation in advance, especially if you're travelling during peak season. There are a variety of different types of accommodation available along the route, from campsites to hostels to bed and breakfasts.

You'll also need to decide how you're going to transport your luggage. One option is to pack light and carry your belongings on your bike. Another option is to send your luggage ahead by train or courier.

What to Pack

When packing for your cycling trip, it's important to pack light and only bring the essentials. Here is a suggested packing list:

- Cycling clothes
- Cycling shoes
- Helmet
- Water bottle
- Snacks
- First-aid kit
- Map or GPS device
- Money and credit cards
- Phone and charger

The Route

The route from London to Paris is well-signposted, and there are plenty of places to stop for food, drink, and accommodation along the way. Here is a brief overview of the route:

1. Day 1: London to Dover

This is the first day of your cycling adventure, and it will take you from London to Dover. The route is approximately 70 miles, and it will take you through some of the most beautiful countryside in Kent.

2. Day 2: Dover to Calais

On day 2, you will cross the English Channel and cycle from Dover to Calais. The ferry crossing takes approximately 1 hour, and the cycling route from Calais to Paris is approximately 100 miles.

3. Day 3: Calais to Paris

On day 3, you will cycle from Calais to Paris. The route is approximately 130 miles, and it will take you through some of the most historic towns and villages in northern France.

Tips for Cycling London to Paris

Here are a few tips to help you make the most of your cycling trip from London to Paris:

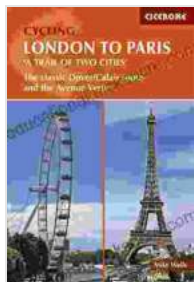
- Start training early. Cycling 300 miles in 3 days is a challenging task, so it's important to start training early. Start by cycling for a few hours

each week, and gradually increase your distance and intensity as you get closer to your trip.

- Pack light. It's important to pack light and only bring the essentials on your cycling trip. This will make your bike easier to handle and will help you avoid fatigue.
- Take your time. There's no need to rush your cycling trip. Take your time to enjoy the scenery and experience the culture of the countries you're passing through.
- Be prepared for all types of weather. The weather in Europe can be unpredictable, so it's important to be prepared for all types of weather conditions. Pack a raincoat and a warm layer of clothing, just in case.
- Have fun! Cycling from London to Paris is an amazing experience. Take the time to enjoy the journey and make memories that will last a lifetime.

Cycling from London to Paris is an epic adventure that will take you through some of the most beautiful countryside in Europe. With a little planning and preparation, you can make your trip a truly unforgettable experience.

So what are you waiting for? Start planning your cycling trip from London to Paris today!



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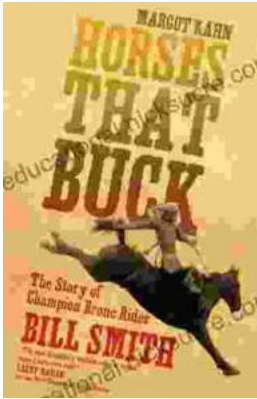
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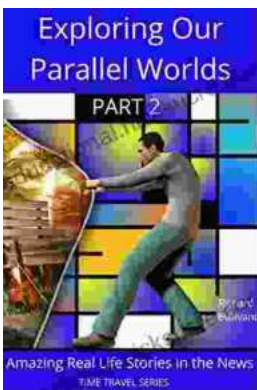
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